



Giving  
Hope  
Today

The Salvation Army - Centre of Hope  
Serving the communities of Abbotsford & Mission

# EMERGENCY PANTRY wishlist

Her only meal today...  
could be from you.



## STAPLES

- Peanut Butter
- Macaroni & Cheese
- Instant Oatmeal
- Soda Crackers
- Canned beans
- Chunky or Regular Soup
- Granola Bars
- Pasta & Pasta Sauce
- Side Kicks Rice dinner
- Canned tuna, salmon, chicken

## BEVERAGES

- Apple Juice
- Instant Coffee/Tea
- Hot Chocolate

## OTHER ESSENTIAL ITEMS

- Toilet Paper
- Diapers
- Cooking oils
- Spices

[www.centreofhope.net](http://www.centreofhope.net)

If you would like information on hosting a BIG RED BIN FOOD DRIVE or other ways you can help us keep our neighbours nourished - CONTACT the Fundraising Team:

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Regency Inn &  
Conference Centre  
Abbotsford

Thank you to the generosity of our  
Community Partners whose funding  
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SOROPTIMIST  
Best for Women

Abbotsford & Mission